



Parents, Teachers, and Advocates Thanks the Kimberly-Clark Foundation

Earlier this year PT&A received a grant from KCF. The funds were used to create our website and to put together a new class called Multiple Intelligence: Helping your Children Succeed. We are grateful for the support and are excited to let you know about what we have done. In addition, we would like to thank Michelle Lamory of Kimberly-Clark for her help and support in the obtaining of the grant.

Parents Teachers and Advocates Creates New Class!!!

May of 2009 PT&A offered Multiple Intelligence: Helping your Children Succeed to the parents of the Child Development Association in Roswell, GA. The class uses the eight forms of intelligence found by Dr. Howard Gardner. Parents take a Multiple Intelligence Survey and then participate in hands-on activities that allowed them to explore all the forms of MI. Parents responded well to the class and believe that we should continue to offer this class on a continual basis. Below are pictures from the event.



New Website Visit Today

Earlier this year Parents, Teachers and Advocates, Inc launched our new website. Located at <http://ptanda.org> our site keeps you abreast of what is happening with us. It is updated weekly and has such information as our Vision and Mission, Volunteering, Free Articles written on parenting, and Upcoming Events. Check us out and keep coming back on a regular basis to find out about our upcoming events.

Volunteers Needed!!

PT&A is seeking volunteers. Our program has reached the point where we now need to train volunteers in our program. We are specifically looking for people interested in conducting parent development classes and those who would be willing to provide child care for our class participants. We are hosting our first volunteer meeting January 23, 2009. If you would like more information about how to become involved check out our volunteer page at www.ptanda.org , email us at educatepta@gmail.com or call Barb Harvey at 770-298-2169. We would love you to become a part of our team and help us to bring effective parenting to Metro Atlanta.

Relational Intimacy and Bullying (Article Excerpt)

Relational Intimacy is the closeness of heart, soul and mind that leads to connection and camaraderie. This kind of relationship can happen with deliberate and planned effort on behalf of parents. There are three elements of relational intimacy they are respect, listening, and time.

Self-respect is a by-product of being respected by important adults in our lives and by doing things and being successful. Parents when they use respectful words, actions, and attitudes in raising their children empower them with self-respect. Also, children knowing that they are good at something and becoming proud empowers them. Respect also helps children to recognize that all people have a right to be treated with dignity. This prevents them from becoming bullies themselves.

“When do you provide time to listen and not interrogate?” Children need to feel safe when talking. Provide some kind of activity that requires no media and you will find all kinds of things to discuss. Eye contact can be intimidating so avoid it. There is an art to listening it takes several steps. 1) listen carefully, pay attention to the feelings being expressed and not just the words; 2) don not criticize or give advice just hear what is being said 3)before you respond repeat back what you heard ask questions for clarification and then 4)take a moment to think before you respond. Take a drink or restroom break if you need it. Your response should be loving and kind.

The one thing that we never get back is time. The truth is what you spend y our time doing is what you value. Relational intimacy is all about spending time to learn about each other and to keep the communication going.

Parents who work hard to develop relational intimacy with their kids will automatically give them the tools they need to combat bullying. (For the full article go to www.ptanda.org [Articles](#) and [Recommending Reading](#) in the left sidebar and click {as a parent you can give your kids tools to combat bullying}.)

Training Classes Coming Up Fall 2009 and January 2010

Bullying: The Truths, the Myths and What We can Do About It!! November 14, 2009 Hosted by Families First in Midtown.

This is an opportunity for adults to begin to develop strategies to help both children who bully and children who are victims. Both need the support of caring interactive adults. A large portion of what is needed is in building strong child-adult relationships both at home and at school. Come be a part of the discussion and take home tools to help children grow beyond the violence. See the brochure and register on line at www.ptanda.org.

Parent Support Groups

Parents, Teachers and Advocates wants to support parents and help parents to support one another. Beginning February 2010 we would like to have some events. If you would like to participate please email us at educatepta@gmail.com or call Barb Harvey at 770-298-2169.

Salvation Army-Red Shield

Tuesdays beginning January 5, 2010

We will be teaching our Defining Values/Achieving Goals class. This is the fifth time we have offered this class and we are excited to offer this 12-week session to the clients of the Red Shield.

Relational Intimacy: Steps and Strategies

January 8&9, 2010

Relational intimacy is the bond of heart, mind, and soul that forms connection and camaraderie amongst people. Families can have these bonds among themselves. However, it does not come easy or without bumps in the road. This week-end seminar looks at how parents can forge these relationships with their children at every age and along every stage of development. Come join us and learn how to develop these connections in your family.

Contact Barb Harvey 770-298-2169 or educatepta@bellsouth.net. Registration online at <http://www.ptanda.org> registration closes January 2 at 8 pm. Cost \$30 per person or \$45 for couples.

Volunteer Training January 23, 2010 see article above

EXECUTIVE DIRECTOR'S CORNER

Relational Intimacy I think is the missing link in American society. I believe the rise in the use of drugs, alcohol, domestic violence, child abuse/neglect, and other issues is related to loneliness. Relational Intimacy starts with parents loving, bonding with, and cuddling an infant. Parents then begin sharing common ideas, experiences, joys and sorrows which allows for families to form camaraderie and connection. Recently, I went out to dinner with my family. Across the restaurant was a mother and daughter, Mom was on her laptop and the daughter was either on a blackberry or playing a video game. Here was a perfect opportunity for her to interact and connect with her daughter lost in an interactive word. In today's society many families are too busy and this does not allow for the time and interactions needed to create close bonds. When was the last time you turned off all of your electronic equipment and simply spent time with your family? I am not talking about watching a movie, but face to face interaction. Taking a camping trip no cell phones, blackberries, or video games allowed. Grabbing some take out for a picnic at a local park. Going out to eat as a family and lingering over desert. Do you and your family a favor try it once a week for a month. You will never be the same!!

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